

Resiliency of LGBT populations in the presence of Mice

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Overview

Focus:

- 1) Strength & resiliency,
- 2) Generations approach to research,
- 3) Developmental approach to health through the lifespan, and finally,
- 4) Government's role.



1) Strength & resiliency

- LGBT populations suffer from discrimination
- Factors affecting resiliency
 - Social support
 - Positive self-esteem
 - Self-efficacy & internal locus of control
 - Cognitive abilities

1. Anderson AL. Strengths of Gay Male Youth: An Untold Story. *Child and Adolescent Social Work Journal*. February 1998;15(1):55-71.
2. Russell GM, Richards JA. Stressor and resilience factors for lesbians, gay men, and bisexuals confronting antigay politics. *Am J Community Psychol*. Jun 2003;31(3-4):313-328.



2) Generational approach to research

4 generations:

- 1) Documentation & description
- 2) Distribution and determinants
- 3) New efficacious interventions; lower health disparities
- 4) Translation to community use

- Wolitski R, Stall R, Valdisrri RO, eds. *Unequal Opportunity: Health Disparities among Gay and Bisexual Men in the United States*. Oxford: Oxford University Press; 2008.



3) Developmental approach to health

- Developmental stages through the lifespan
 - Childhood
 - Adolescence
 - Adulthood
- Relationships



4) Government's role

- Large, longitudinal, population based studies
 - Sexual orientation/identity
 - Sexual practices
 - Gender identity
 - Marital status (e.g., civil unions, domestic partnerships, etc.)

1. Dilley JA, Simmons KW, Boysun MJ, Pizacani BA, Stark MJ. Demonstrating the Importance and Feasibility of Including Sexual Orientation in Public Health Surveys: Health Disparities in the Pacific Northwest. *Am J Public Health*. Aug 20 2009.
2. Epstein S. Sexualizing Governance and Medicalizing Identities: The Emergence of 'State-Centered' LGBT Health Politics in the United States. *Sexualities*. 2003;6(2):131-171.
3. Greenwood GL, White EW, Page-Shafer K, et al. Correlates of heavy substance use among young gay and bisexual men: The San Francisco Young Men's Health Study. *Drug Alcohol Depend*. Jan 1 2001;61(2):105-112.
4. Mayer KH, Bradford JB, Makadon HJ, Stall R, Goldhammer H, Landers S. Sexual and gender minority health: what we know and what needs to be done. *Am J Public Health*. Jun 2008;98(6):989-995.



Conclusion

- Resiliency of the LGBT community
- Characterize our mice & build a better mouse trap
- Move beyond 1st generation of research
- Resiliency & research throughout the lifespan
- Demographic questions
- Office of LGBT Health within DHHS



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4. Dilley JA, Simmons KW, Boysun MJ, Pizacani BA, Stark MJ. Demonstrating the Importance and Feasibility of Including Sexual Orientation in Public Health Surveys: Health Disparities in the Pacific Northwest. *Am J Public Health*. Aug 20 2009.
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6. Gay and Lesbian Medical Association. *Healthy People 2010 Companion Document for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health*. San Francisco: Gay and Lesbian Medical Association; 2001.
7. Greenwood GL, Paul JP, Pollack LM, et al. Tobacco use and cessation among a household-based sample of US urban men who have sex with men. *Am J Public Health*. Jan 2005;95(1):145-151.



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13. Mayer KH, Bradford JB, Makadon HJ, Stall R, Goldhammer H, Landers S. Sexual and gender minority health: what we know and what needs to be done. *Am J Public Health.* Jun 2008;98(6):989-995.
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